

AVAILABLE AT RECESS

Items cannot be ordered

Nachos (Wed + Friday)	\$1.50	G
Pizza (Thurs)	\$1.50	G
Veg Chips/Grain Waves (Mon)	\$1.50	A
Cheesie	\$1.00	G
Muffin (Apple or Banana)	\$0.80	A
Jelly	\$0.50	G
Energy Mix	\$0.40	G
Popcorn	\$0.10	G
Slice of Fruit	\$0.20	G
Apple	\$0.50	G

Mystery Muffin Monday \$0.80

(a different flavour each week)

AVAILABLE AT LUNCH

MONDAY & FRIDAY only

Billabong	\$1.20	A	Canteen Tokens \$32.00/sheet
Vanilla Light Bucket	\$1.20	A	Bags 5c each or 10 for 50c

EVERY DAY

Icy Pole (99% juice)	\$0.50	G
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Please note that due to Health Regulations we are unable to heat food not bought at the canteen

VOLUNTEERS ARE WELCOME

Ph: 9371 8889

DRINKS

MILK DRINKS

Banana, Strawberry, Choc, Choc Mint \$1.90 G

HiLo Milk (225ml) \$1.20 G

JUICE 100% \$1.50 G

Apple, Blackcurrant, Orange or Tropical

YOGHURT

Berry, Peach, Banana, Apricot \$1.50 G

YOGO \$1.50 G

Strawberry or Chocolate

WATER \$1.00 G

INGLEWOOD PRIMARY SCHOOL

SUMMER MENU

Healthy, delicious food
available every week
at your school canteen

SUPPORT
YOUR
SCHOOL
CANTEEN

Make a Healthy Choice

G = green (anytime) food

A = amber (sometimes) food

PLEASE PLACE ORDERS BEFORE SCHOOL

AVAILABLE DAILY

HOT MEALS

Hot Chicken Roll with Mayo	\$3.50 G
Hot Ham & Cheese Roll	\$3.50 G
Couch Potato Beefy Mash	\$4.00 G

SANDWICHES (Rolls or Wraps 50c extra)

Salad only	\$3.00 G
Chicken or Ham	\$3.00 G
Egg (plain or curried)	\$3.00 G
Cheese or Tuna	\$3.00 G
Vegemite Sandwich	\$1.50 G

Extras

Cheese	\$0.50 G
Salad	\$1.00 G
Egg	\$0.50 G
Pineapple	\$0.30 G
Mayonnaise	\$0.30
Tomato	\$0.30 G
Beetroot	\$0.30 G

SALADS

Small	\$3.00 G
Large	\$4.00 G
Ham or Egg or Chicken extra	\$1.00 G
or Tuna or Cheese extra	\$0.50 G

FRUIT SALAD

Small	\$3.50 G
Large	\$4.50 G

SPECIALS OF THE DAY

MONDAY

Macaroni Cheese	\$4.00 G
Spaghetti Bolognese	\$4.00 G
Fish Burger	\$3.50 G

TUESDAY

CANTEEN CLOSED

WEDNESDAY

Hamburger with sauce/cheese/salad	\$4.00 G
Hamburger with cheese/sauce	\$3.50 A
Sweet Chilli Chicken Burger with Lettuce & Mayo	\$4.00 G

THURSDAY

Beef or Beef/Cheese Pie	\$3.00 A
Potato Pie	\$3.00 A
Sausage Roll	\$2.50 A
Sauce	\$0.30 A

Sushi (5 pieces)	\$4.50 G
Teriyaki Chicken or Vegetable	or Tuna

FRIDAY

Burrito (mince,cheese,nacho sauce in toasted wrap)	\$4.00 A
Chicken Burger (Lettuce+Mayo)	\$4.00 G